

# Research on the Practical Education Mode of Ideological and Political Education for Postgraduates under the Background of "Double First-class" Construction

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## Abstract

The construction of practical education mode is an important content of ideological and political education for postgraduates. It is of great significance to enhance the effectiveness of ideological and political education for postgraduates and promote postgraduates to become top talents. This paper combines the relevant documents and theories of ideological and political education practice for postgraduates in colleges and universities, starts from the background of "double first-class" construction, and explores the construction of the mode of ideological and political education practice education for postgraduates in colleges and universities from the perspectives of tutors, three links and three stages, so as to form a full-staff, whole-process and all-round multi-effect mechanism.

## Keywords

Double first-class; Graduate students; Ideological and political education; Practice education.

## 1. Introduction

"Learning is a ladder for growth and progress, and practice is the way to improve skills," Xi stressed. The acquisition of knowledge is ultimately transformed into ability through practice. As an important part of the ten education systems, practical education is also an important content of ideological and political education for postgraduates. Under the background of "double first-class" construction, training top talents and improving the quality of postgraduate education play an important role, which is an important aspect of fulfilling the fundamental task of cultivating people with morality.

## 2. Theoretical Basis of Ideological and Political Education Practice for Postgraduates

### 2.1. Party and State Policies and Regulations

In recent years, the Party and the state have issued a series of policy documents, which clearly require to strengthen the ideological and political education of postgraduates under the background of "double first-class" construction. The State Council's Overall Plan for Promoting the Construction of World-class Universities and World-class Disciplines (Teaching research

[2017] No. 2) puts forward the goal of gradually building world-class disciplines and world-class universities and making efforts to basically build China into a power in higher education. At the same time, it points out that the practice ability of graduate students can be improved through high-quality graduate education. The Ministry of Education, The Ministry of Finance and the National Development and Reform Commission issued the Guidance on Speeding up the Construction of "Double First-class" in Institutions of Higher Learning (Teaching Research [2018] No. 5), which proposed to "deepen and expand the reform of professional degree education, strengthen the practical ability of postgraduates, and cultivate high-level applied talents". In addition, General Secretary Xi Jinping stressed at the National Conference on Ideological and Political Work of Colleges and Universities that the foundation of a university is to cultivate people with moral integrity, and that ideological and political work should run through the whole process. Only a university that trains first-class talents can become a world-class university. As a group of college students with more knowledge and higher education, ideological and political education of graduate students affects the effect of the construction of double first-class universities to a certain extent. Moreover, the implementation Outline of the Project to Improve the Quality of Ideological and political Work in Colleges and universities issued by the Ministry of Education also regards the system of improving the quality of practical education as one of the basic tasks. Thus it can be seen that the construction of the mode of ideological and political education for postgraduates is becoming more and more important. The promulgation of the relevant policies of the Party and the state has provided a strong policy guarantee for the ideological and political education of postgraduates in colleges and universities.

## 2.2. Practice View and Practice Education View

Marx's view of practice, which is based on the correct relationship between theory and practice, points out that "all social life is practical in nature. Whatever mysteries lead theory to mysticism can be reasonably resolved in man's practice and in his understanding of that practice." [1] Therefore, practice is the fundamental form of human existence, and the essence of human is realistic, historical and practical. Ideological and political education for postgraduates in colleges and universities has a strong political color, with abstract and ideological content, etc. These theoretical education can no longer meet the needs of postgraduates' understanding of Marxism and social development, and can not unify cognition and practice. Since practice is the essential attribute of human being, the ideological and political education of postgraduates must reflect the basic status and important role that practice plays in the ideological development of postgraduates, strengthen practical education, and combine theoretical analysis with problem solving.

Practical education is an important link in ideological and political education. The concept of education comes from Marxist practice view, education cycle and the regularity of talent training, and it is an educational mode with scientific education concept [2]. Combined with education, production and social practice, let graduate students participate in practical activities, so as to receive education, and then act on the practice, to improve the overall quality of students.

## 2.3. The New Situation of Ideological and Political Education for Postgraduates

Ideological and political education for postgraduates in colleges and universities is a constantly changing development process, which is influenced by external and internal factors, such as economic and social development, enrollment scale, evaluation criteria and characteristics of postgraduates. The new situation of ideological and political education for graduate students is mainly reflected in the following two aspects.

### 2.3.1. Changes in Talent Measurement Standards

The market economy intensifies social competition, especially in the field of talents. The traditional measure standard of talent also produced new change accordingly. The standard to measure talents is gradually replaced by practice, which is the fundamental standard to measure talents, namely the ability to solve problems in practice and create value for the society. The change of talent standard poses a new challenge to graduate students' employment. It is an inevitable way for graduate students to improve their comprehensive quality by participating in social practice.

### 2.3.2. Post-90s Become the Main Body of Graduate Students

At present, among the graduate students in universities and colleges, the post-90s generation is the main body. As "the generation is a unique product of China's rapid economic development and social transformation, and a synthesis created by the great era". [3] They have obvious characteristics of The Times: obvious individual-oriented tendency, conspicuous personality, strong autonomy; Collectivism concept is strong, influenced by pragmatism, pay attention to the practical and practical. These characteristics are the significant characteristics of post-90 graduate students that distinguish them from other groups. They don't like the simple knowledge infusion in class and hate formalism. They pay more attention to practice and practicality. They are more willing to combine theory with practice and use practice to test what they have learned. Therefore, postgraduates ideological and political educators should be good at analyzing and using the characteristics of postgraduates, actively let postgraduates participate in practical training, and then complete the purpose of postgraduates ideological and political education.

## 3. Research on Practical Education Mode of Ideological and Political Education for Postgraduates in Universities under the Background of "Double First-Class" Construction

The Ministry of Education issued by the quality of the ideological and political work in colleges and universities to promote the project outline quality promotion system and so on, to practice method is proposed, to adhere to the combination of theoretical education and practice cultivation, integration of practice resources, strengthening project management, enriched the contents of the practice and innovation practice form, to expand the practice platform, improve the support mechanism, education to guide the graduate student in hands-on practice ability, to enhance the feelings. Combined with the construction goal and outline requirements of "double first-class" as well as the theories and problems related to ideological and political education and practical education for postgraduates, we should mobilize the strength of all members, especially tutors, grasp the three links and make good use of the three stages, so as to form a full-staff, whole-process and all-round multi-effect practical education mode.

### 3.1. The Instructor Is the Main Teacher, and All the Staff Practice Education

Postgraduate ideological and political education plays an important role in postgraduate education in colleges and universities. As the first responsible person in the stage of postgraduate education, postgraduate tutor is the key force to carry out the fundamental task of "cultivating people with morality". The particularity of the tutor's identity, the relevance of the student's growth, and the multiplicity of the teacher-student relationship provide the possibility and convenience for the tutor to carry out the practice of ideological and political education for postgraduates. Therefore, tutors should guide graduate students not only to strengthen study and thinking, but also to pay attention to practice and innovation, and strive to achieve the "unity of knowledge and practice". Because social practice activities can help graduate students better understand the society and serve the society, scientific and

technological innovation competition activities can promote graduate students to better promote the transformation of topics and achievements, tutors should actively participate in the social practice and scientific and technological innovation of ideological and political education for graduate students. In the process of practical guidance on and off campus, the tutor will lead the graduate students to carry out social practice and research, and strive to put what they have learned into practice, so as to improve the effect of practical education.

### **3.2. Unified Three Links and All-Round Practice Education**

All-round practical education pays attention to infiltrating ideological and political education into all links of graduate education, making comprehensive use of educational resources from all aspects, giving full play to the functions of various elements of ideological and political education and forming a unified educational mechanism. Specifically speaking, the ideological and political practice education of postgraduates should grasp three links, namely, practice education and teaching work, practice education and scientific research work, practice education and extracurricular activities. In practice education and teaching, it is necessary to infiltrate practice education of postgraduates' ideological and political education into all links before and after teaching, combine practice teaching with theory teaching, change the former teaching pure theoretical knowledge, ignore practice teaching, and unify the thought, knowledge and practice of postgraduates' ideological and political education. In practice education and scientific research, graduate student scientific research colleges and universities should take the initiative to mining of learning professional practice teaching and the practice education of ideological and political education work combining site, and to build support for the integration of the two platforms, the ideological and political education practice education content and the scientific research practice teaching effectively combined, build collaborative practice education mechanism. In practice education and extracurricular activities, universities should lose no time to ideological education, patriotism education, collectivism education, the core values education, resistance to fall into the graduate student education, mental health education and so on content extracurricular practice, full range will graduate education to carry out ideological and political education practice to the extracurricular practice.

### **3.3. The Three-Step Integration, the Whole Process of Practice Education**

The whole process of practice education highlights the coherence characteristic of ideological and political education, which runs through the process of graduate enrollment, graduation, junior to senior grade, study, life and employment. Therefore, the ideological and political education of graduate students should be carried out in stages and in points. First, we should pay attention to the practical education of ideals and beliefs in the stage of enrollment, such as the education of patriotism collectivism, the study of school rules and regulations, career planning, the education of safety knowledge and mental health guidance. Second, we should pay attention to the practical education of moral cultivation in the training stage. After undergraduate study and practice, graduate students have reached a relatively mature stage, but they still have strong plasticity in morality. Therefore, in the practical education of moral cultivation, we should not only pay attention to the study of moral theory, but also carry out moral practice through various ways, and finally form the habit of moral behavior through continuous learning and practice. Third, practical education of professional ethics should be carried out at the graduation stage, with the focus on cultivating professional ethics of graduate students through various forms, such as lectures, simulated exchanges and social practice, so as to prepare qualified builders and successors.

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